

SR Pilates Portugal Retreat 2027

Friday 24th September to Tuesday 28th September 2027

Casa Fajara, Algarve, Portugal

About



I am delighted to be offering my very first Pilates retreat in September 2027. The aim is to unwind and relax in this idyllic location, off the beaten track, in Portugal's beautiful Algarve.

The group will have exclusive use of Casa Fajara, a rustic boutique hotel, with just 12 rooms, set in a beautiful location near Carrapateira. The hotel offers fabulous facilities for a great balance of movement and tranquillity.

Pilates will be on offer twice per day with optional activities to keep moving such as tennis, table tennis, sauna and swimming pool. Additional activities, payable locally, include paddle boarding, kayaking, mountain biking and horse-riding.

If it's more of a relaxing vibe you are wanting then you can relax by the pool, have a massage or explore the beach and coastal walks a short distance away.

This retreat is available to anyone who feels the need for a break, with the emphasis on wellness, incorporating Pilates and daily movement whilst enjoying good food and beautiful surroundings with like-minded people.

I can't wait to share this experience with you in September 2027.

What's included in your stay...

Ensuite Twin or Double room
(Single occupancy available – see pricing)

2 Pilates sessions per day
Taking place in the hotels Pilates Studio or
In the beautiful garden

Buffet style brunch each day

2 course evening meal on 2 nights

BBQ evening meal

Wine with the evening meal

All Tea, Coffee & water

Use of Pool, tennis court,
table tennis, sauna &
Beach a short walk away



What's not included in your stay...

Flights*

Travel insurance

Optional Extras

Alcohol other than wine with evening meal

One evening meal (planned for local restaurant)

Transfers

These can be arranged closer to the time for an additional fee once all flights are booked

*Please don't book until after April 2026 when booking will be confirmed



Available extras...

Massage (approx. 80 euros for 1 hour)

Paddleboarding

Kayaking

Horse riding

Mountain biking

Surfing

Price

Early bird - £850

Booked before the end of March 2026

Shared room £895

Individual room £1045

How to Book

Deposit - £175 to book your space

Transfer to Sarah Rayner

20-33-42

03936694

Reference – retreat 27

Monthly Payment plan of Just £45 over 15 months available with the early bird booking
(payments starting April 2026)

Or

6 months prior to departure £400 (24th March 2027)

Final payment due 3 months prior to departure (24th June 2026)

Cancellation Policy

We must meet a minimum number of deposits by the end of April to confirm the booking. After that deposits will be non-refundable. Cancellations made by the event organisers will receive a full refund including the deposit. By paying your non-refundable deposit you agree to the payment terms and cancellations policy stated above.



For Further Information – no question is too small

Please contact:

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